



Coach NC

Personal game model | First draft

Controlled Chaos.

Positional freedom.

Shared responsibility.

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Identity

Freedom.

Players can leave their starting positions when teammates adjust the passing options and protect the spaces they leave.



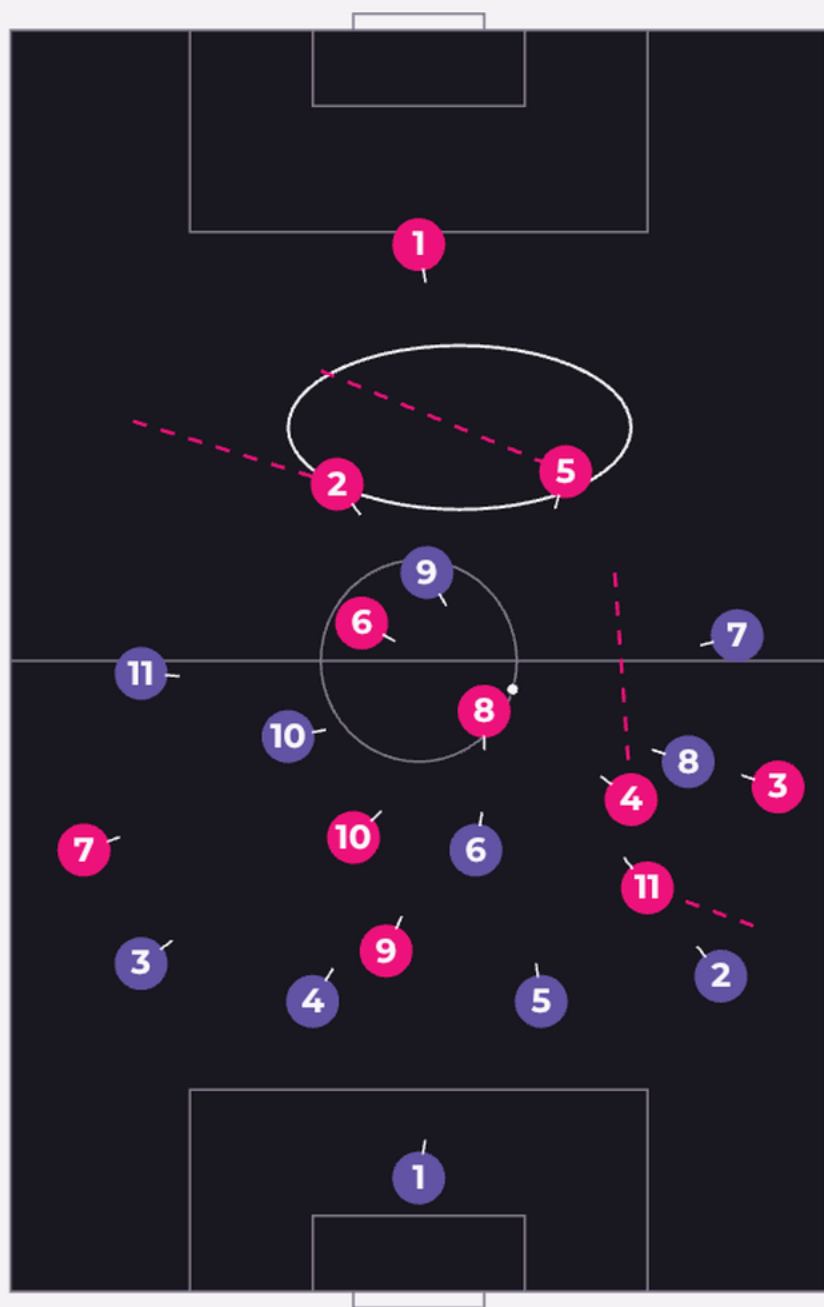
Rotation: 4 can continue

GO.

4 continues when the space and passing picture support it.

5 covers across, 2 narrows and 6 screens.

11 v 11. Pink attacks down; purple attacks up.



White: pass. Dashed: movement. Tick: body orientation.



Rotation: the protection is not ready

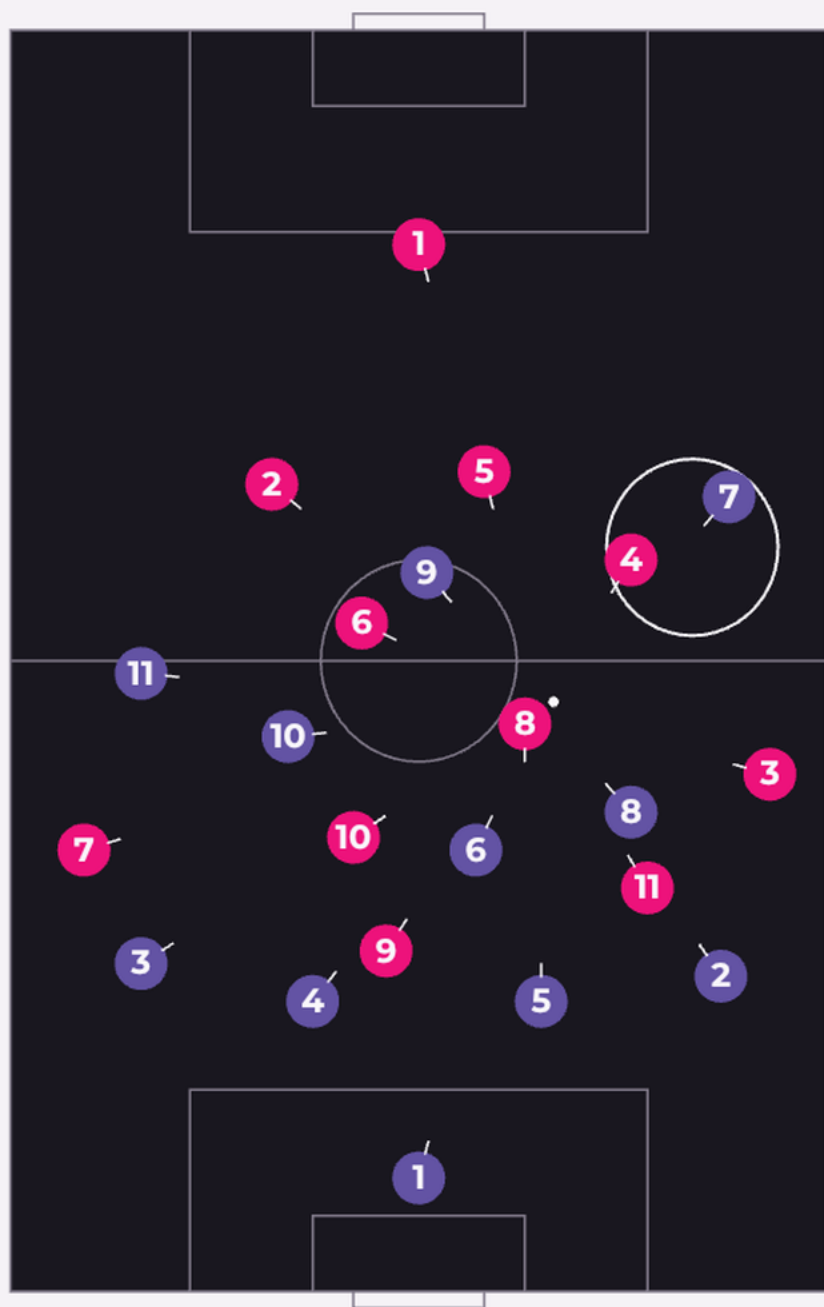
HOLD.

4 holds in a supporting position while 5, 2 and 6 account for the threats. Holding does not mean becoming passive.

HOLD.



11 v 11. Pink attacks down; purple attacks up.



White: pass. Dashed: movement. Tick: body orientation.



Rotation: adapt as the picture changes

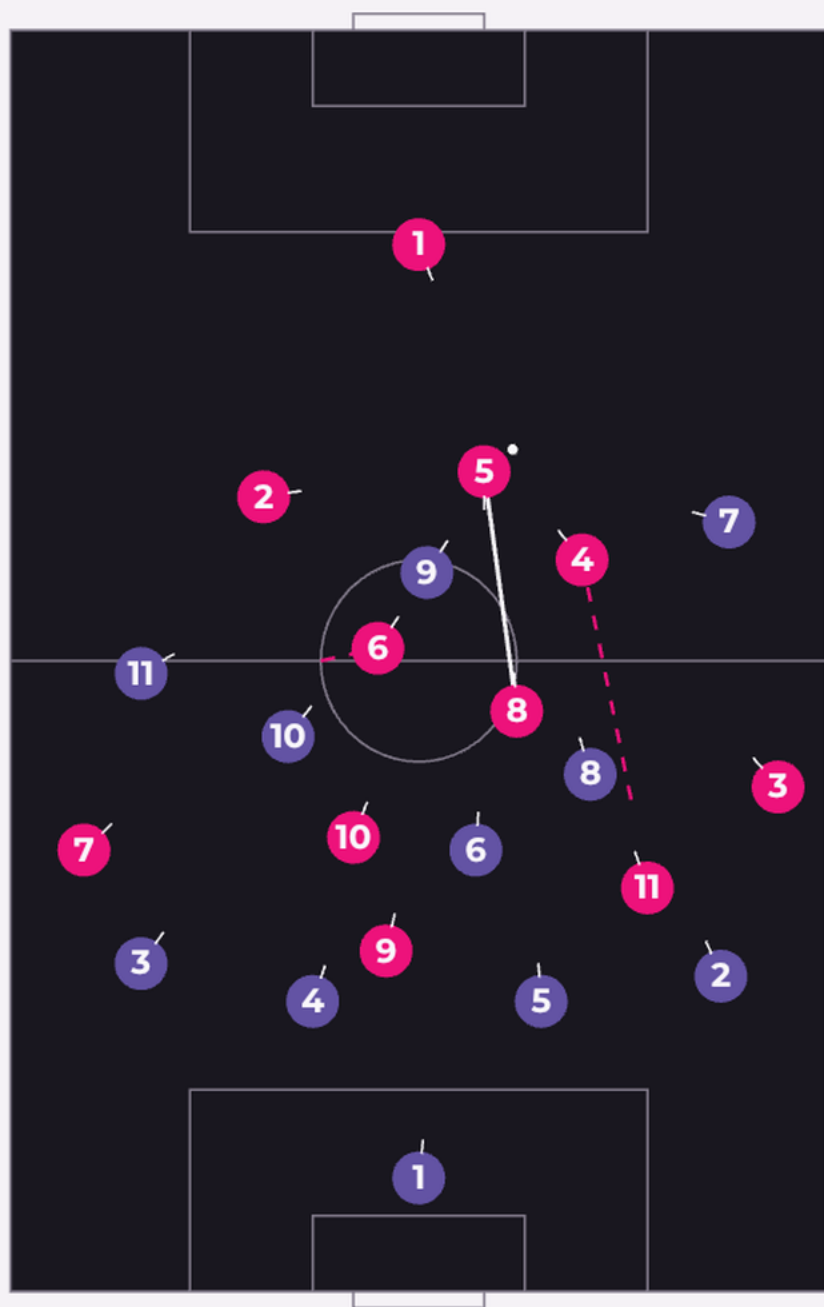
RECONNECT.

If the advantage disappears, use the available support rather than forcing the original route.

RECONNECT.



11 v 11. Pink attacks down; purple attacks up.



White: pass. Dashed: movement. Tick: body orientation.



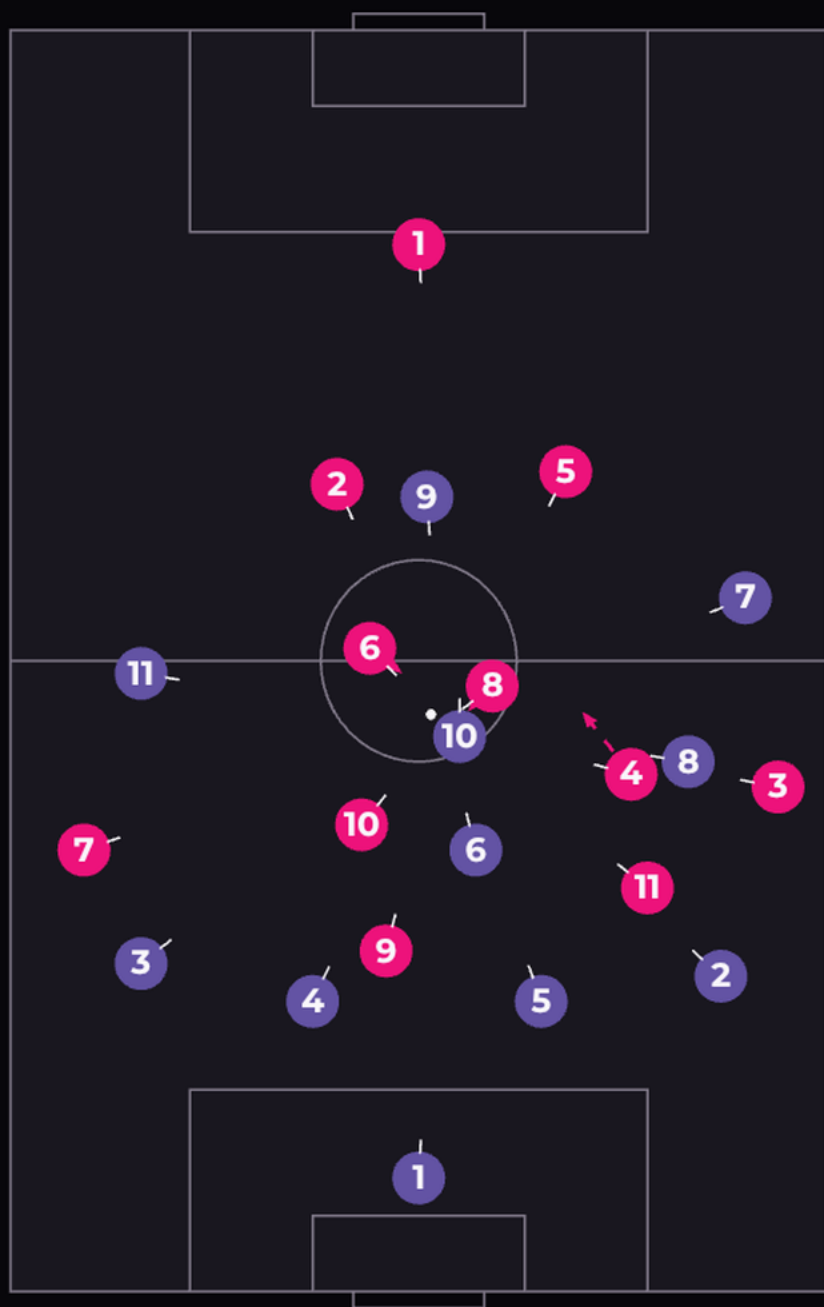
Transition to defending

React.

Immediately pressure the ball to disrupt the opponent's first action.

Close passing routes, protect central space and cover depth.

11 v 11. Pink attacks down; purple attacks up.



White: pass. Dashed: movement. Tick: body orientation.

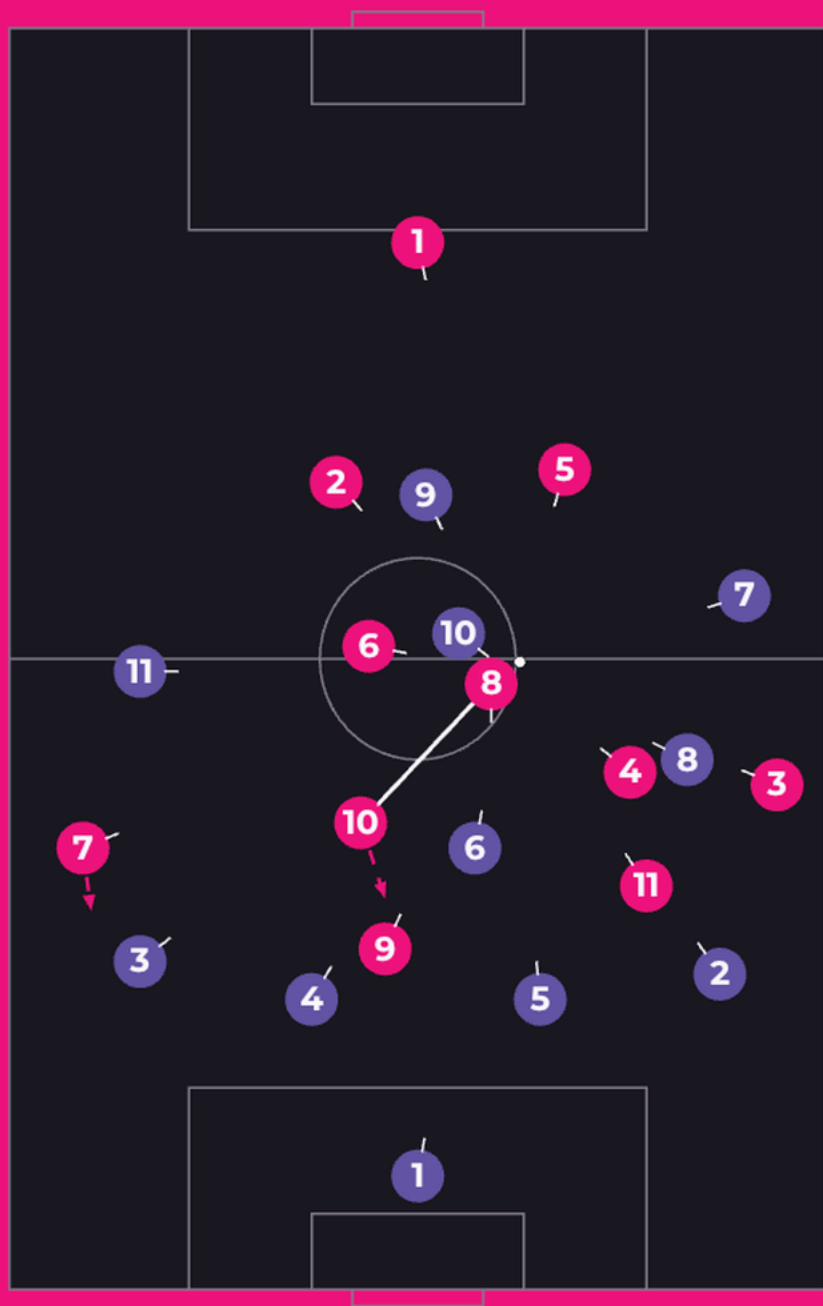


Transition to attack

Exploit.

Carry into space, find a forward-facing teammate or release a runner beyond pressure when the opportunity exists.

11 v 11. Pink attacks down; purple attacks up.



White: pass. Dashed: movement. Tick: body orientation.



Coaching and adaptation

Clarity.

Present a realistic football problem, opposition and transitions. Players can carry, combine, switch or play directly according to the opportunity.



Evaluation

Learning.

Did teammates adapt their passing options and cover the responsibilities left behind?



Ongoing development

Develop.

Use observation, selected clips and player discussion to identify repeated behaviours. Retain the principles and adapt the detail as the team develops.

Connect.



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